



**FREE!**  
Free for 8  
registrants!

# FIRST AID CPR TRAINING

Your paragraph text

**INSTRUCTOR:  
NIA TORMEY**

*Get Certified in First  
Aid & CPR Program*

call 315-369-6008 or Email  
oldforge@midyork.org to  
reserve your spot today!

If class is full, we can add you to our waitlist



**Saturday, January 18**

from 10:00am-2:00pm  
At the Old Forge Library

**Saturday, February 15**

from 10:00am-2:00pm  
At the Old Forge Library

**CPR FOR ALL AGES  
AED & OPIOID  
EDUCATION**

FREE AND OPEN TO ALL  
REGISTRATION REQUIRED

***Space is limited to 8 people.  
Register today!***