

SAVE THE DATE!

### 1 NOV

# DEADLY, DANGEROUS & WEIRD A SEASONAL EXPLORATION OF ADK FLORA

Join us for a hands-on discovery of some of the many interesting things growing in our local fields. This program is for teens & adults, but kids 12 and under can attend at the same time for a Dia de los Muertos craft in the kid's room at the library!

### 12

## ADK AUTHOR TALK: THE BEST LAND WITH LOCAL AUTHOR SUSAN A. BREWER

6:30

Join us, and local author, Susan A. Brewer, for a presentation on her new book, The Best Land: Four Hundred Years of Love & Betrayal on Oneida Territory.

### 14, 21

#### TECH FOR SENIORS

GET TO KNOW YOUR SMARTPHONE, PART 1 & 2

NOV 11:00 OATS (Older Adult Technology Services) are programs specifically for seniors. These sessions will help you understand and practice using a few common features of smartphones.

#### 19

## GRATITUDE YOGA FOR ADULTS

NOV 3:15 Channel the Thanksgiving spirit!
This yoga class for adults will
focus on building an attitude of
gratitude, while moving
through gentle yoga poses.