

BAGELS & BLOOD PRESSURE

FREE

APRIL 10
10 AM - 12 PM

Grab some free brunch, a blood pressure reading, and some health info.

A collaborative effort by:
Old Forge Volunteer Ambulance Corps
Old Forge Library - LivingADK
Herkimer County Public Health - MVHS
Community Wellness Partners
*and other local health and wellness
services & agencies*

**Have some breakfast & a visit with neighbors
at the Old Forge Volunteer Ambulance Corps
(formally the Muffin Patch @ Spring Street)**